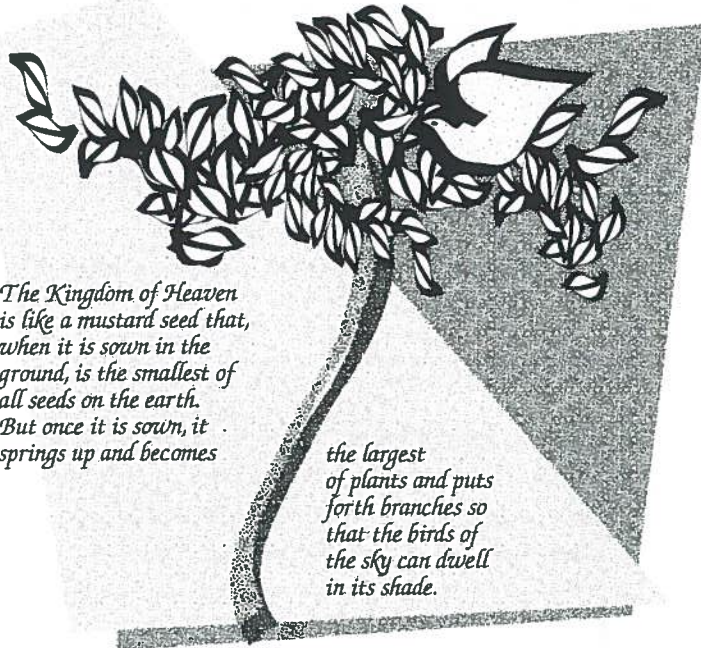


The Roman Catholic Parishes of
St. Margaret Mary, Herscher
St. James the Apostle, Irwin
Sacred Heart, Goodrich

ELEVENTH SUNDAY IN ORDINARY TIME

JUNE 12-13, 2021



*The Kingdom of Heaven
 is like a mustard seed that,
 when it is sown in the
 ground, is the smallest of
 all seeds on the earth.
 But once it is sown, it
 springs up and becomes*

*the largest
 of plants and puts
 forth branches so
 that the birds of
 the sky can dwell
 in its shade.*

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**A STEWARDSHIP MOMENT
 WEEKEND OF JUNE 12-13**

In today's Gospel, Jesus compares the beginning of God's kingdom to a mustard seed. This tiny seed, which fits in the palm of a hand, can grow to fifteen feet with sprawling branches. Like the mustard seed, the Christian community had a tiny, seemingly insignificant beginning. The church, which began with about 120 followers, added three thousand people on Pentecost Day following the descent of the Holy Spirit. Since then, the number of Christ's disciples has grown incalculably and continues to grow throughout the world. Good stewards go about God's business of "planting seeds" among all those they encounter. What will we do this week to "plant seeds" and add to God's kingdom?

Confessions:

St. Margaret Mary	Sat. 4:15 pm
Sacred Heart	Sun. 7:05-7:20 am
St. James	Sun 8:35-8:50 am

Mass Intentions for the Week

Monday, June 14 (SMM)

8:00 am +Laura Jensen (Craig Uen)

Tuesday, June 15 (SH)

8:00 am +Dick Fitch (Jackie Cross)

Wednesday, June 16 (SJ)

8:00 am +Leola Ader (Gene/Darlene Bertrand)

Friday, June 18 (SMM)

8:00 am +Robert Schneider, Sr. (Schonoff Family)

Saturday, June 19 (SMM)

5:00 pm +Madonna Hoffman (Steve Jacob)

+Lillian Schierer (Wayne/Julie Bisailon)

Sunday, June 20

7:30 am For All Fathers (SH)

9:00 am For All Fathers (SJ)

10:30am For All Fathers (SMM)

Feast of the Sacred Heart



On the Friday following the feast of Corpus Christi is the devotional Feast of the Sacred Heart. The theme of this day honors Jesus for the love symbolized by his heart. Devotion to the Sacred Heart became popular with mystics in the 13th and 14th centuries. The tradition became widespread as a result of a series of visions of the Sacred Heart to St.

Margaret Mary Alacoque, in 1673–1675. Almost 200 years later, in 1856, a special feast was mandated for the universal church. In 1899, Pope Leo XIII ordered that the world be consecrated to the Most Sacred Heart of Jesus. Pope Pius XI elevated the feast to the same rank as Christmas.

Church Mailing Address:

207 E. 5th Street

Herscher, IL 60941

Phone: 815-426-2550

Quotable: "Every happening, great and small, is a parable whereby God speaks to us, and the art of life is to get the message. "

—Malcolm Muggeridge

Twelfth Sunday in Ordinary Time June 19-20, 2021

Liturgical Schedule	St. Margaret Mary Saturday, June 19 5:00 pm	Sacred Heart Sunday, June 20 7:30 am	St. James Sunday, June 20 9:00 am	St. Margaret Mary Sunday, June 20 10:30 am
Celebrant	Fr. Ron Deacon Ron	Fr. Ron Deacon Ron	Fr. Ron Deacon Ron	Fr. Ron Deacon Ron
Ushers	Dave Emling Roger Jensen	Dale Pfeiffer James Mallaney	Jerry Ogrentz Dallas Ferris Jeff Steinke Rick White	Corey Eich Joe Smolkovich Larry Wolles Jeremy Wolles
Lector	Bobbi Buza	Darlene Cipcich	Brett Miller	Steve Jacob

Greeter—Donna Bernicky
Rosary Leader—R. Gohlke

Phase 5 COVID-19 Protocols

The state of Illinois is expected to enter Phase 5 on Friday, June 11, which means that all sectors of society will fully reopen. The Diocese of Joliet will follow Illinois public health guidelines and offers the following details for all church services effective June 11, assuming the state does enter Phase 5. If the state does not enter Phase 5, we will continue with the previously issued "Bridge Phase" protocols.

Masks In accordance with current Centers for Disease Control (CDC) guidance, fully vaccinated individuals can participate in indoor and outdoor activities, large or small, without wearing a mask or physical distancing. ("Fully vaccinated" refers to people who are two weeks past their last required COVID-19 vaccine dose.) Individuals who have not been vaccinated should continue to wear masks

Dispensation The dispensation to attend Sunday Mass remains in place for the time being, with the intention of providing our parishes and our parishioners the opportunity to navigate and adjust to these new guidelines and protocols.

Holy water fonts We will continue to refrain from displaying and using holy water for the time being.

Chalice Because of the potential transfer of saliva, we will continue to refrain from offering the chalice at Communion for the time being.

Communion on the tongue Communion on the hand is still the preferable option.

Sign of peace The sign of peace will continue to be made without physical contact. Offer a friendly wave to your neighbor.

A Look Ahead

Thurs., June 17—Community Quilters 9 am at St. James
Sun., June 20—2nd Collection for Retired Priests
Mon., June 21—SMM CCW meeting 7 pm
Mon., June 28—Knights of Columbus 7 pm at St. James

Pastor— Fr. Ron Neitzke- 815-426-2550
Deacon – Ron Gagnon—rjgckg@gmail.com
Home—815-933-4077
Parish Email – smm_sja_sh@yahoo.com
TriParish web page – www.triparishcatholics.org
Like us on Facebook triparishcatholic communities
Tri Parish Church office –Barb Riker 426-2550
Julie Bisailon 426-2550
Bulletin – Debbie Jensen - 426-2550
debjen04@gmail.com
Religious Education –
St. MM – Jill Fulton jfulton.stmm@gmail.com
St. James – Alicia Miller – 933-5443
Sacred Heart – Rhonda Berns – 426-5015
Parish Nurse – Jackie Eberle – 815-421-4048
Prayer Line– SMM—Pat Wagner 815-592-0773
SMM -Janice 815-426-2574 Jdstreeffarms@aol.com
St. James— Mary Offerman-602-670-8888 (call or text)

Collections Week of March June 5-6

St. Margaret Mary—\$2,186

St. James—\$1,508

Sacred Heart— \$1,657

Thank you for your generosity

Join us for this online presentation:

Mental Health & Supportive Family Relationships

This presentation will provide an overview of varied mental health issues and the process of recognizing signs/symptoms. Discussion will include practical ways to talk about mental health, and useful steps that can be taken to support family members in need. Opportunities will be provided for prayer, reflection and questions.

**WHEN: Tuesday, June 15th, 2021
6:30 p.m. to 8:00 p.m.**

**Sponsored by:
*Servants of the Holy Heart of Mary***

To register, please visit our website:
<http://sscm-usa.org/online-programming.html>

For more information about our programming,
please contact Susan Amann:
samann@sscm-usa.org

Parish News:

Sacred Heart-

- * The Scholarship Fundraiser Crunch for a Cause at Toco Johns will be June 23, 4-7 pm at the 562 William Latham Drive, Bourbonnais location. 50% of all purchases are donated to the scholarship fund. You must have the flier (next weeks bulletin), show the flier on your phone, or mention Sacred Heart Catholic Education Scholarship when ordering. Please help spread the word. Thank you!
- * We are still accepting donations for the Scholarship garage sale. Any donations can be left in the parish hall. The garage sale will be held July 8-12 at Edgemere Drive, Bourbonnais. If you have any donations you need picked up, please contact Rhonda at 815-426-5015 or Jamie at 815-278-9520.
- * The Scholarship committee is having a basket raffle. Tickets are \$1.00 each or 6 for \$5.00. There is a folder in the back of the church with a picture and description of each basket. Tickets are available – please see Jackie Cross or Jamie Beedle.
- * Anyone interested in applying for the Catholic Education Scholarship, please see Cindy Gagnon in the parish hall after 7:30 am mass. The application must be filled out and returned by July 25.

St. James-

- * We are looking for volunteers to serve on the St. James CCW executive board. If you are interested, please contact Jen Hansen.

St. Margaret Mary—

- * CCW will meet on Monday, June 21 at 7 pm.

FATHER'S DAY COLLECTION FOR DIOCESAN INFIRMED AND ELDERLY PRIESTS

"The heart of Christ's priests knows only two directions: the Lord and His people."

~Pope Francis., Jubilee of Mercy for Priests, June 3, 20016

These words of Pope Francis strike a chord as we approach the Father's Day Collection for Diocesan Infirm and Elderly Priests on June 19-20 in parishes throughout the diocese. This annual collection helps meet the needs of our elderly, infirm and retired diocesan priests, especially those who have extraordinary medical expenses beyond what insurance can cover.

"It helps out with unusual expenses that a priest might encounter, like a huge dental bill or a hearing aid," said Father John Balluff, episcopal vicar for clergy for the diocese.

This second collection also helps to pay for repairs at the St. John Vianney Billa Priest Retirement Home in Naperville, and assisted living facility for retired priests. But we all know that few priests really retire, as they often fill in for a pastor who becomes sick or goes on sabbatical. They also celebrate daily and weekend Masses, hear confessions, perform funerals, celebrate weddings, and anoint the sick.

Let's give generously to this second collection on Father's Day weekend:

<https://www.givecentral.org/scfd21>



Saint of the week: St. Anthony of Padua (June 13) is one of the most popular saints in our church. Anthony's wealthy family wanted him to be a great nobleman, but for the sake of Christ he became a poor Franciscan priest.

When the remains of Saint Berard and his companions, the first Franciscan martyrs, were brought to be buried in his church, Anthony was moved to leave his order, enter the Friars Minor, and go to Morocco to evangelize. He was shipwrecked at Sicily, he joined some other brothers who were going to the church in Portiuncula. He lived in a cave at San Paolo leaving only to attend Mass and sweep the nearby monastery. One day when a scheduled speaker failed to appear, the brothers pressed him into speaking. He impressed them so that he was thereafter constantly traveling, evangelizing, preaching, and teaching theology through Italy and France.

A gifted speaker, he attracted crowds everywhere he went, speaking in multiple tongues; legend says that even the fish loved to listen. He was a miracle worker. One of the most beloved of saints, his images and statues are found everywhere – though none of them portray him as a heavy-set man, which some reports claim he was. He was proclaimed a Doctor of the Church on January 16, 1946.

One source of the well-known patronage for the recovery of lost objects comes from a legend that, long after Anthony's death, his old prayer book was kept as a treasured relic, and one day it disappeared. People prayed for help in finding the lost item, a novice found it and returned it; he later admitted that he had "borrowed" the book and returned it after receiving a vision of an angry Anthony.

Obscure saint of the week: St. Vitus (June 15) Legend says that Vitus was the son of a pagan Sicilian senator named Hylas. The boy was converted to Christianity at age twelve by his tutor, Saint Modestus, and his nurse Saint Crescentia. His father showed his objection to the conversion by having all three arrested and scourged.

Freed from prison by angels, they fled to Lucania, then Rome. There Vitus freed the son of Emperor Diocletian from an evil spirit. When Vitus would not sacrifice to the pagan gods in celebration, his cure was attributed to sorcery, and he and his household were arrested again. Tortured, and condemned to death, they were thrown to the lions; the lions would not touch them, so they were thrown into boiling oil. At the moment of their deaths, an immense storm destroyed several pagan temples in the region, which led to the tradition of protection against stormy weather. He was one of the *Fourteen Holy Helpers*.

For obscure reasons, some 16th century Germans believed they could obtain a year's good health by dancing before a statue of Saint Vitus on his feast day. This dancing developed almost into a mania, and was confused with *chorea*, the nervous condition later known as *Saint Vitus' Dance*, the saint being invoked against it. His connection with such "dancing" led to his patronage of dancers, and later to entertainers in general and in particular.

When Vitus was thrown into the oil, a rooster was thrown into the oil with him, sacrificed as part of the ritual against sorcery. A rooster became a symbol for Vitus, and its connection with early rising led to Vitus's patronage and protection against oversleeping.



WHAT DOES THE BIBLE SAY ABOUT DISCIPLESHIP?

Ah, here's a word we should be asking about! *Discipleship* means "student," from the Latin *discipulus*. But that's deceptive: Today's student doesn't have to crack a book to qualify—just show up. That never would have flown in ancient times, when disciples lived with their teachers night and day and imitated their actions as well as listening to their words.

Discipleship has a wonderful evolving meaning between the two Testaments. Originally it described Israel's relationship with God. The Lord was the nation's ultimate teacher through the instructive power of the Law. The psalms frequently record Israel's pleading: "O Lord, teach me your ways!" Because God dwelt in the midst of the nation in the Jerusalem Temple, the people did share quarters with their Teacher.

Later, the prophets had protégés of their own: Elijah with Elisha or the school that added to Isaiah's writings. The sages of the later Wisdom tradition rooted instead for the domestic school: fathers teaching sons and mothers daughters. The Wisdom Woman, a personification of divine wisdom in Proverbs and the Book of Wisdom, called disciples to herself as well.

A natural progression existed between the roles of student and instructor. Disciples lived with their teachers until they were ready to become rabbis or prophets themselves. So it was startling when Jesus came along and made permanent disciples of his followers. "You have only one teacher and father in heaven," he told them. (Saint Paul later rejected the idea that Christians could "belong to" anyone but Jesus.) That harked back to the early design of God being the nation's sole instructor.

Another distinguishing feature of Jesus' disciples is that *he* chose *them*, not the other way around. Jewish disciples generally picked their own rabbis, as you might choose a college or major for yourself today. Perhaps the most intriguing part of Jesus' invitation to discipleship was that it took place in the ordinary context of life—a fisherman's workday—not in a religious setting like the Temple. It required an immediate response. Discipleship then deepened "along the way" with Jesus, as the past with its possessions and priorities were gradually relinquished in favor of a radically new life.

Scripture

Deuteronomy 4:1; Psalm 25:4-5; Proverbs 1:20-33; Ecclesiastes 12:9; Isaiah 2:3; 48:17-19; Matthew 4:18-22; 23:8-9;

Do other churches believe in the Real Presence?

Do Lutherans and Anglicans believe Jesus is present in the Eucharist? Not exactly. Read why here.

Some people think that the Lutheran and Anglican churches align with the Catholic Church in professing the Real Presence of Jesus in the Eucharist. While various Lutheran and Anglican churches retain aspects of Catholic theology, their stance on the Real Presence is not the same as the Catholic Church's teaching.

In his book *What Catholics Really Believe: 52 Answers To Common Misconceptions About the Catholic Faith*, Karl Keating explains that Lutherans and Anglicans believe in *consubstantiation*, which is not the same as the Catholic teaching on *transubstantiation*. Consubstantiation says that the body and blood of Christ are with—or alongside, so to speak—the substance of bread and wine. Transubstantiation, on the other hand, professes that the whole substance of the bread and wine literally changes into the body and blood of Jesus, while maintaining only the appearance of bread and wine.

Karl Keating discusses how the term "transubstantiation" was defined at the Fourth Ecumenical Council of the Lateran, and it is the only word that accurately describes the mystery of the Real Presence. Jesus didn't say, "This bread contains my body." He said, "This IS my body" (Matthew 26:26, Luke 22:19, Mark 14:22).

Transubstantiation is rooted in Scripture and explained further in Cyril of Jerusalem's *Catechetical Discourses* in 350 A.D., which states that Catholics receiving communion must be "fully convinced that the apparent bread is not bread, even though it is sensible to the taste, but the body of Christ, and that the apparent wine is not wine, even though the taste would have it so."

For more further explanation on basic Catholic teaching, check out Karl Keating's [*What Catholics Really Believe*](#), reprinted with permission the Catholic Company www.catholiccompany.com

Blessed Margaret Part 18 (continued) and Part 19

In the midst of this commotion a man and his wife brought their daughter to the church. She was mute and suffered from an extreme curvature of the spine so much so that the girl was never able to walk. They tried to make their way through the crowd so they could reach Margaret's body. The process was impossible so the parents began to plead with the people to open a path for them to Margaret. They eventually reached the place where Margaret's body was lying. They placed their daughter next to Margaret and fell to their knees and prayed for Margaret's intercession to cure their daughter. The crowd was so moved by the site that many began to cry. This scene caused the commotion to cease.

As the crowd watched they couldn't believe what they were seeing. Margaret's left arm was rising, reached over and touched the crippled girl. The girl was healed, she began to walk and shouted "I have been cured through Margaret's prayers!" The crowd was ecstatic with joy.

Part 19

The cure of the mute crippled girl settled the dispute as to where Margaret would be buried. A coffin was sent for and Margaret's body was placed reverently in it. Margaret would be entombed in one of the chapels of the church staffed by the Dominican friars. Many people visited the tomb of Margaret and brought their prayers for her intercession.

It was shortly after her death that a plague hit Europe, the Black Death. This plague devastated Europe for three years and killed millions of people. After the plague Europe was engulfed in war. Other nations were making claim to Italian territory and for the next few hundred years suffering was a part of the life of the people of Italy. Two Hundred and eighty years after Margaret's death the church began to investigate the cause of Margaret's canonization as a saint. Pope Clement VIII appointed a committee to investigate her cause. Pope Clement died before he could read the report which was released in 1609 so his successor Paul V studied the report and beatified Margaret (the final step before canonization). She remained "blessed Margaret from 1609 to 2021 (who said the Church moves slowly?).



The kingdom of God... is like a mustard seed...
MARK 4:30-31



Garage Sale

Where: St. Rose of Lima Chapel, 486 W. Merchant St., Kankakee

When: Sale will begin following 6:00 pm Mass on Friday, June 25 from 7-8PM and again on Saturday June 26 from 8:00 am to 3:00 pm

*Lord, it is good
to give you thanks*

Are You Good with Numbers? Use Your Talents to Help Others!

Catholic Charities, Diocese of Joliet is seeking volunteers in their Money Management Program. As a volunteer, you will provide basic money management services to low-income seniors who have difficulty budgeting, paying routine bills, and keeping track of financial matters. As a trained volunteer, you will use your valuable skills to help individuals who may not have friends or relatives to assist them. All volunteers must pass federal and state background checks. If you are interested in sharing your talents as a Money Management Program volunteer, call 815-724-1246, or email oteach@cc-doj.org. To learn more about the programs and services provided by Catholic Charities, Diocese of Joliet, visit catholiccharitiesjoliet.org.



35th Annual Irish Golf Classic - July 2nd

The 35th Irish Golf Classic is just a few weeks away on Friday, July 2nd! What a great way to kick off your 4th of July weekend!


If you haven't registered your foursome yet, please do so as soon as possible. Pre-registration *with* payment is requested by June 18th. Sponsorship opportunities are also available!

The quickest way to register is online.

Golf will take place at Oak Springs Golf Course in St. Anne. Registration/Lunch begins at 10:00AM, with a shotgun start at 11:00AM (*note... this is a new time for 2021*).

Don't miss out on a wonderful day of food, fun, friends, and of course...GOLF!

Any questions, please contact Sandy LaMotte '82 Malpasuto at smalpasuto@bmcss.org or at (815) 263-2120.

 **catholic charities**
Diocese of Joliet

BACK TO SCHOOL FAIR

SERVING FAMILIES FROM KANKAKEE & IROQUOIS COUNTIES

Preparing students from low-income households in Kankakee and Iroquois Counties for a successful new school year!

THURSDAY, AUGUST 3RD, 2021
3:30PM - 6:00PM
KANKAKEE HIGH SCHOOL
1200 W. JEFFERY ST., KANKAKEE

Participants will drive thru to receive school supplies (to comply with social distancing). Online pre-registration coming soon! Registrants will receive a ticket to attend the Fair.

Catholic Charities, Diocese of Joliet is a faith-based organization providing service to people in need and calling others of good will to do the same.

 **catholic charities**
Diocese of Joliet

OPTIONS CENTER FOR INDEPENDENT LIVING PRESENTS A FREE WORKSHOP

SAVVY SAVING SENIORS®

Becoming Resource-FULL with the Help of Benefits and Financial Knowledge

When: Wednesday, June 30th, 2021
Where: Bradley Public Library
296 N. Fulton Ave., Bradley, IL 60915
Time: 10:00AM – 12:00pm

Discover:

- Senior Scams/Identity Theft
- Benefits and Resources
- Peer Discussions

Facilitator: Donna Sample, CPM, CIRS-A/D

Materials for this workshop will be provided. Please state if you need a reasonable accommodation. This class is for Grundy and Kankakee County residents 60 and older. All participants are required to wear a mask and must adhere to COVID-19 safety social distancing guidelines.

PLEASE CALL KELLI AT 815-933-7791 EXT. 9910 TO REGISTER BY MONDAY, JUNE 28, 2021

We are a faith-based organization providing service to people in need and calling others of good will to do the same.

Sunday, Jun 13, 2021

ELEVENTH SUNDAY IN ORDINARY TIME

Surprising yields ahead

Many have been glad to shake off the past year with good riddance. We're quick to write off difficult situations as sinkholes of our personal efforts, with nothing to show for our suffering. Every plague, war, and famine of history has caused its multitude of lost lives, endless grief, and economic devastation. Yet Jesus promises us that underneath the soil of human experience, the kingdom of God is always at work, pushing new life and fresh hope into existence. Many are working hard right this moment to promote a new vision for humanity. Commit to the new seed of Kingdom Coming.

TODAY'S READINGS: Ezekiel 17:22-24; 2 Corinthians 5:6-10; Mark 4:26-34 (92). *"And through it all the seed would sprout and grow, he knows not how."*

Monday, Jun 14, 2021

Make an offering

It is fitting that today is both Flag Day in the United States and World Blood Donor Day. Many have shed their blood for the ideals a flag represents, and while most of us are not called to make the ultimate sacrifice for our country, many of us can make the small sacrifice of donating blood to save the lives of others. In some areas, the blood supply has become low because of fewer blood donations during the pandemic, and blood donation remains essential everywhere. If you are able to donate, or be supportive of someone who can, it will contribute to our much-needed healing in these hurting times.

TODAY'S READINGS: 2 Corinthians 6:1-10; Matthew 5:38-42 (365). *"Give to the one who asks of you, and do not turn your back on one who wants to borrow."*

Tuesday, Jun 15, 2021

With respect to elders

It's World Elder Abuse Awareness Day. Pope Francis marked the observance last year by describing a shameful and painfully obvious truth: "The COVID-19 pandemic has shown that our societies are not organized well enough to make room for the elderly, with proper respect for their dignity and frailty. When the elderly are not cared for, there is no future for the young." Eighty percent of COVID deaths have been people 65 or older. What does your parish or local community do to support and engage seniors? If programs are not in place, can you help initiate them?

TODAY'S READINGS: 2 Corinthians 8:1-9; Matthew 5:43-48 (368). *"I say this not by way of command, but to test the genuineness of your love by your concern for others."*

Wednesday, Jun 16, 2021

Be well intentioned

Jesus' admonition to perform good deeds in private and pray alone in our rooms can be difficult to figure out when we belong to a church that calls the community's public gathering for Mass the "source and summit of faith." So here's the deal: Jesus isn't telling us to hide our faith but instead to check out why we do what we do. He frowns on giving alms to get attention or making a big public display of our prayer, as if to prove we are closer to God

than our neighbor. Instead, we are called to pray, fast, and give alms simply to draw closer to our Lord. In public or private, let's pray with the best of intentions.

TODAY'S READINGS: 2 Corinthians 9:6-11; Matthew 6:1-6, 16-18 (367). *"When you pray, do not be like the hypocrites."*

Thursday, Jun 17, 2021

Time to move beyond temptation

The Lord's Prayer, introduced in today's gospel, is the best-known Christian prayer the world over. Two years ago, a change in the way French Catholics say the prayer made headlines. The new translation avoids "lead us not into temptation" in favor of "do not let us fall into temptation." The point is that God doesn't lead us to sin. Rather, God gives us the strength to resist it, overcome it, learn from it, move beyond it. The next time you pray the great prayer, picture the Creator extending a hand to pull you away from sin into grace and light.

TODAY'S READINGS: 2 Corinthians 11:1-11; Matthew 6:7-15 (368). *"This is how you are to pray: 'Our Father who art in heaven . . .'"*

Friday, Jun 18, 2021

Get some rest

Saint Augustine of Hippo captures the human condition perfectly when he says in his *Confessions*: "Lord, . . . our heart is restless until it rests in you." Christian prayer practices are designed to protect us from spirit-dulling anxiety and bring us to the peace of Christ. Try meditating on these words from Saint Francis de Sales for starters: "The same Eternal Father who cares for you today will take good care of you tomorrow and every day of your life. Either he will shield you from suffering, or he will give you the unflinching strength to bear it. Be at peace then and put aside all useless thoughts, vain dreads, and anxious imaginings."

TODAY'S READINGS: 2 Corinthians 11:18, 21-30; Matthew 6:19-23 (369). *"Store up treasures in heaven."*

Saturday, Jun 19, 2021

MEMORIAL OF ROMUALD, ABBOT

A simple practice for inner peace

Romuald was a 10th-century Italian monk and teacher. He started life as a wealthy aristocrat but soon found his life of pursuing comfort and pleasure unsatisfying. He sought refuge in a monastery and discovered peace as a monk. Wishing to help others achieve fulfillment, he founded the Camaldolese Order of monks and established several monasteries, instructing the monks to practice intellectual stillness and interior receptivity in meditation. "Take every opportunity you can to sing the Psalms in your heart," he wrote in his rule, "and to understand them with your mind." Take a moment today and give it a try.

TODAY'S READINGS: 2 Corinthians 12:1-10; Matthew 6:24-34 (370). *"Do not worry about tomorrow, tomorrow will take care of itself."*

Invest just five minutes a day, and your faith will deepen and grow—a day at a time



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